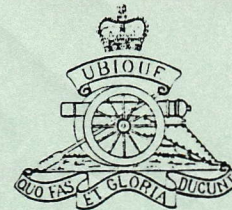


January 3, 1991



OFFICERS' MESS  
15th Field Artillery Regiment  
Royal Regiment of Canadian Artillery

NEWSLETTER

JANUARY 1991

Now that the new year has arrived we hope that each and everyone of you has enjoyed the festive season and we are looking forward to seeing you again at the re-start of our Wednesday lunches January 9th.

MESS DUES

Invoices for Mess dues for 1991 will be mailed out starting January 2, 1991.

UPCOMING EVENTS

R.U.S.I. Annual Mess Dinner, Saturday January 19th, 1991 at the 15th Field Artillery Regiment Officers' Mess; Cocktails - 6:00 p.m. Dinner - 7:00 p.m. Cost: \$35.00  
The Guest Speaker will be BGen. J.E.L. Gollner OMM. CD. Commander Northern Region.

R.U.S.I. special monthly meeting, Tuesday, January 29, 1991 when we will be able to hear our Chief of Defence Staff General de Chastelain CMM., address us. This will be held in the Officers' Mess Seaforth Highlanders - Seaforth Armoury 1650 Burrard Street, Vancouver. Time: 8:00 p.m.

Sunday, February 10, 1991, the 15th Field Artillery Regiment Band will be hosting the "Military Spectacular" at the Queen Elizabeth Theatre. Also appearing will be the P.P.C.L.I. Band from Calgary, the U.S. 9th Infantry Band along with the pipes and drums of the Seaforth Highlanders.

Keep in mind the **Annual Military Ball** to be held in the Hotel Vancouver on Saturday, May 4, 1991. If you have a daughter, granddaughter or niece between the ages of 19 to 25 years, they can be considered for presentation as Debutantes on this occasion.

WE NEED HELP

We need a sword case to present our swords in view of members and guests in the Mess. The case will be located just above the miniature cannons on the west wall. The cost to complete this project will be \$450.00. Any members wishing to contribute to this worth while cause should contact our P.M.C. Maj. B. Mugford CD at 465-0103 (Res.) or Capt. L. Jensen CD at 591-3156 (Res.).

MILITARY TIME LINE

**Fifty Years Ago - 1940**

First R.A.F. raid on Naples, and a night raid on Berlin, Italian 3rd Alpine Division is trapped in the Pindus Gorge by Greek counterattack; 5,000 prisoners. British conduct a brilliant attack on the Italian fleet at Taranto, 3 battleships, 2 cruisers, etc., damaged. Heavy raid on Coventry, Cathedral destroyed, 1,000 casualties. Heavy air raid on Birmingham. Heavy R.A.F. raids on Cologne for 2 nights. Stricter food controls forecast for U.K., fruit imports restricted. U.K. civilian casualties from Luftwaffe raids during November - 4,599 killed, 6,202 injured.



EDITOR'S CORNER

As we grow older we should realize that changes are inevitable within our bodies, and these changes can and do affect our ability to drive defensively. In a continuing series I would like to cover problems which can affect our ability to drive safely.

One physical change all of us undergo as we age is some loss in our hearing ability. This change is significant because hearing allows us to monitor the environment while driving. Our eyes keep us aware of what is in front of us, but our ears are sensitive to what is happening all around - front, back and sides.

For some of us, hearing loss begins in our mid-twenties and gradually increases as we grow older. Approximately 20% of persons, fifty five and over have impaired hearing, and 30% of those over age sixty five have impaired hearing. It is possible for hearing deficiencies to occur in one ear and not the other. Hearing loss may leave an individual with a decreased ability to properly hear high-pitched sounds such as emergency vehicle sirens.

There are many ways we can help overcome this problem, but one of the most critical is to use our eyes and our mirrors more than we do. This is necessary to watch for emergency vehicle flashing lights, to check for flashing lights at rail crossings, etc.

When we lose part or all of one sense, then we have to learn to make more use of the other senses remaining.

REMEMBER

**DRIVE  
DEFENSIVELY**

FINANCIAL PRESENTATION

A presentation will be given in the Officers' Mess at 2000 hours, Thursday January 17, 1991 by Mervin R. Lay, Esq. of Great Pacific Management Co. Ltd., Burnaby Branch.

Planning is the key to a sound financial future when considering monetary security, taxation and inflation. There are many people who own their own home, with or without a mortgage, or are renting, have pension and/or investment income, and have been buying RRSP's year after year. Yet, after paying expenses and income tax, there just does not seem to be enough left to enjoy life and do many of the things they would like to do.

All members are invited to attend Mr. Lay's presentation which will prove helpful to those still in the workforce as well as retirees.

